



Swara Sadhana (Batch – 6)
Tuesday, Thursday and Saturday

HINDUSTHANI CLASSICAL MUSIC
JUNIOR GRADE
2nd year 2026 - 2027

COURSE OUTLINE
INTRODUCTION

Hindustani music, also known as North Indian classical music, has a rich history and is considered to be a highly respected art form in India. It has numerous benefits which include scientific, spiritual, psychological, and an overall holistic approach to personality development. Music plays a significant role in nurturing aesthetic response. It increases a student's capacity for thoughtful feeling and feeling full thought. Knowing about music, developing sensitive and critical listening skills, creating and performing music an understanding the role of music are vital ingredients in the education of every student. It includes, providing a deeper understanding of the structures of Raaga, taaLa and expressions, through meticulous techniques.

OVERALL OBJECTIVES

- Learn the seven swaras and their relative positions by learning different Alankars,
- Swara progressions, Paltaas(basic rhythm patterns, and speeds), Jantiswaras, and musical elements, in perfect sur, laya and taala.
- Voice culture - breathing exercises, voice dynamics(loud/soft), pitch (high/low).
- Bringing appropriate expressions & modulations in the voice.
- Learning vowel sounds, Kanswaras, Meend, Khatka, Murki, Merukhand etc.
- Understanding and reciting all taalas- bol, taali, khaa li, counts and other taala mahiti.
- Developing listening and writing skills by doing simple Swara mapping techniques, exercises, and understanding/identifying the placement of each Swara/swara patterns.
- Learning Bhajans, Drupads and Vachanas in the given Ragas.
- Application of the basics(paltas, alankars, swara progressions) in understanding the Raaga and TaaLa.
- Understanding Thaats, and the origin of Ragas.
- Studying and identifying the characteristics of all the Raagas.
- Studying the theory of Hindustani classical music.

Method of Assessment			
SL No	Task	Month of Assessment	Marks
1	Practical Assessment 1	June/July/ <u>August</u>	10
2	Practical Assessment 2	September/October/ <u>November</u>	10
3	Practical Assessment 3	December/January/ <u>February</u>	10
4	Practical Assessment 4	March/ <u>April</u> /May	10 + 10
	Project Submission, Dairy,Notes		
		Total	50
Note: performance may be in group but marks will be allotted individually.			

Schedule of Teaching

Session - 1

Periods	Date	Topic	Subtopic	Class activity
1	June 4	Introduction to Music	Benefits of Learning Music, Basics, & Raag	Explanation Writing, Singing & Practicing Taal on Hand
		Basics in Music	Paltaas – Dadara & Ektaal (3,6,12 Matra Patterns) Taal – Teentaal	
		Raag- 6 Brundavani Sarang	Simple Alap, Alankar	
		Theory	Characteristics of Raag, Elements of music	
2	6	Basics in Music	Revision (Swara taala coordination) Paltaas- 121, 112, 111, 123 Taal – Teen taal,Dadara, Ektaal	
		Raag - Brundavani Sarang	Simple Alap, Alanakar, Swara Geete,	
3	9	Basics in Music	Revision (Swara taala coordination) Paltaas- 122, 132, 1-21, 112 Taal – Dadara, Ektaal	
		Raag - Brundavani Sarang	Lakshanageete with Notation,	
4	11	Basics in Music	Revision Alankaar 4 Taal – Keharava, Dadara, Ektaal	
		Raag - Brundavani Sarang	Lakshanageete with Notation,	
5	13	Basics in Music	Revision Alankar 4, Dadara, Ektaal 3 matra Paltaas Taal – Dadara, Ektaal	
		Raag - Brundavani Sarang	Lakshanageete with Notation,	Explanation Writing, Singing & Practicing Taal on Hand
6	16	Basics in Music	Revision Paltas - 6 Matra Paltaas- 11 22 11, 12 12 11, 12 12 34 Taal – Dadara, Ektaal	
		Raag - Brundavani Sarang	Chotakhyaal with Notation,	
7	18	Basics In Music	Revision (Komal teevra swara) Paltaas – 12 12 33, 11 12 12 Taal – Dadar, Ektaal	
		Raag - Brundavani Sarang	Chotakhyaal with Notation,	

8	20	Basics in Music	Revision Paltaas – 12 Matra -1221 1211 1234 3211 1234 3211 Taal- Dadara, Ektaal	Explanation Writing, Singing & Practicing Taal on Hand
		Raag – Brundavani Sarang	Chotakhyaal with Notation, Taalabaddha Alap, Taan	
9	23	Basics in Music	Paltaas- Dadara, Ektaal, Taal – Dadara, Ektaal	
		Raag – Brundavani Sarang	Chotakhyaal with Notation, Taalabaddha Alap, Taan Revision	
10	27	Basics in Music (1 & 2)	Paltaas- Swara Progression - 6 Taal – Jhaptaal	Explanation Writing, Singing & Practicing Taal on Hand
		Raag - Brundavani Sarang	Chotakhyaal with Notation, Taalabaddha Alap, Taan Revision	
11	30	Basics in Music	Swara Progression -6, Taal – Jhaptaal	
		Raag – Brundavani Sarang	Revision	
		Theory	Characteristics of Raag, Elements of music	
12	July 2	Basics in Music	Revision Swara progression – 6 Taal – Jhaptaal	
		Raag – Brundavani Sarang	Revision	
13	4	Basics in Music	Revision Paltaas- 3 Matra Paltaas, Swaraprogession 1 Taal – Jhaptaal	
		Raag – Brundavani Sarang	Learn to Create Alap, Revision	
14	9	Basics In Music	Revision Paltaas – 6 Matra Paltaas Swaraprogession1(B) ,6 Taal – Jhaptaal	
		Raag – Brundavani Sarang	Learn to Create Taalabaddha Alap, Revision, Songs	
15	11	Basics in Music	Revision Paltaas- 6 Matra Paltaas, Offbeat-1 (Basics 2) Taal- Jhaptaal	
		Raag – Brundavani Sarang	Learn to Create simple Bol Alaap	
16	14	Basics in Music	Paltaas-12121211, Taal – Teen taal	
		Raag - Brundavani Sarang	Learn to Create Simple Bol Alaap, Alankar	
17	16	Basics in Music	Revision	

			Paltaas- 6 Matra Paltaas Taal – Roopak	
		Raag - Brundavani Sarang	Bhajan, Learn to Create 1/2 avarta taan	
		Theory	Paaribhashika shabdagalu, Elements of music,	
18	18	Basics in Music	Revision Learn to Create Own 3 Matra Paltaas in Dadara, Ektaal . Taal – Roopak	Explanation Writing, Singing & Practicing Taal on Hand
		Raag - Brundavani Sarang	Learn to Create Simple Bol Alaap , Bol Taan, FulTaan, Bhajan,	
19	21	Basics in Music	Revision Jantishwaragalu, Meend, Taal – Roopak	
		Raag – Brundavani Sarang	Learn to Create Simple Bol Alaap , Bol Taan, FulTaan, Bhajan,	
20	23	Basics in Music	Revision Paltaas- 12 Matra Paltaas in Dadara, Ektaal, Meend Taal - Roopak	
		Raag – Brundavani Sarang	Learn to Create Simple Bol Alaap , Bol Taan, FulTaan, 2 avarta Taan	
21	25	Basics In Music	Revision Paltaas – Learn to Create 6 Matra Paltaas, Meend Taal – Offbeat Learning	
		Raag Brundavani Sarang	Learn to Create Double avarta Taan	
22	28	Basics in Music	Revision Voice culture & Its Importance, Pitch Perfection	
		Raag Brundavani Sarang	Bhajan, Learn to Create Bol taan, Revision	
23	30	Basics in Music	Revision, Songs Pitch Perfection	
		Raag Brundavani Sarang	Revision	
24	Aug 1	Basics in Music	Revision Learn to create 12 Matra Paltaas	
		Raag Brundavani Sarang	Application of Alankaras in Bandish	
25	4	Basics in Music	Revision 3,6,12 Matra Paltaas, all Taalagalu	
		Raag Brundavani Sarang	Application of Alankaras,all type of paltaas in Bandish	

26	8	Basics in Music	Revision Alankar 4, Meend
		Raag Brundavani Sarang	Application of Paltaas in Bandish
27	11	Basics in Music	Revision, Songs 12 Matra Paltaas, all Taalagalu
		Raag Brundavani Sarang	Application of Alankars,all type of Paltaas in in Bandish
28,29,30,31,32	13,18,20,22,25	Basics in Music	Theory ,Revision for Practicals
		Raag Brundavani Sarang	
Session - 2			
33	27	Basics in Music	Revision
		Raag Brundavani Sarang	
34	29	Basics in Music	Alankar 5,Paltaas in Jhaptaal 5matraPaltaas- 12123,
		Raag 7 & 8 - Khamaj, Kaaphi	12122, Introduction to Raag
35	Sep 1	Basics in Music Raag -7 & 8 Khamaj, Kaaphi	Revision Paltaas –12121,11221 Alankaar 5, Simple Alap, Alanakar, Swara Geete
36	3	Basis in Music	Revision Importance of Alankar 5, Paltaas -12112, 12321
		Raag Khamaj,Khaaphi	Simple Alap, Alanakar, Swara geete,
37	5	Basics in Music	Revision Paltaas – 1122 112233,1232 12 1234 Taal- Dadara, Ektaal
		Raag – Khamaj, Khaaphi	Simple Alap, Alanakar,
38	8	Basics in Music	Revision Paltaas- 11 22 33 44 11, Taal – Dadara, Ektaal
		Raag – Khamaj, Khaaphi	Swarageete, Songs
39	10	Basics in Music	Revision Paltaas- 5 Matra Palta 1221 12 1211, 1232 12 1232 Taal – Jhaptaal
		Raag – Khamaj, Khaaphi	Swara Geete, Revision
40	12	Basics in Music	Revision 10 Matra Paltaas 12123 32321, Taal – Jhaptaal
		Raag – Khamaj, Khaaphi	Lakshanageete with Notation.

Explanation Writing, Singing & Practicing Taal on Hand

Explanation
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41	15	Basics in Music	Revision Alankar 3, 11223 12123 Taal – Jhaptaal	Explanation Writing, Singing & Practicing Taal on Hand
		Raag Khamaj, Khaaphi	Lakshanageete with Notation, Songs	
		Theory	Characteristics of Raag	
42	17	Basics In Music	Revision Paltas-12121234, Swarapgression 1(A) Taal – Jhaptaal	
		Raag – Khamaj, Khaaphi	Lakshanageete with Notation, Revision	
43	19	Basics in Music	Revision Paltaas – Learn to Create Own Jhaptaal Paltaas Swarapgression1(B) Taal – Jhaptaal	
		Raag – Khamaj, Khaaphi	Simple Alap, Bandish (Chota khyal) with Notation, Revision	
44	22	Basics in Music	Revision Paltaas-Teen Taal Paltaas Revision,Offbeat-1 Taal- Jhaptaal	
		Raag – Khamaj, Khaaphi	Bandish, Simple Alap, Simple Taan, Revision	Explanation Writing, Singing & Practicing Taal on Hand
45	Octo 22	Basics in Music	Revision Paltaas- Learn to Create 5 Matra Paltaas Taal – Teen taal	
		Raag – Khamaj, Khaaphi	Revision	
46	24	Basics in Music	Revision Paltaas-Learn To Create 10 Matra Paltsaas Taal – Roopak	
		Raag – Khamaj,Durga	Bandish, Simple Alap, Simple Taan, Revision,Songs	
47	27	Basics in Music	Revision Alankar 7, Swara progression 1 (C), Speeds Learning in Teen Taal	
		Raag - Khamaj,Durga	Bandish, Simple Alap, Simple Taan,	
48	29	Basics in Music	Revision 4 Matra Teentaal paltaas , Work on Teen taal	
		Raag – Khamaj,Durga	Learn to Create Own Alap	
49	31	Basics in Music	Revision Speeds Learning in Kehrava	
		Raag – Khamaj,Bhagesri	Learn to Create Own Alankar	

50	Nov 3	Basics in Music	Alankar 1, 3, 5 Matra Teen Taal Paltaas	Explanation writing, singing & practicing taal on hand
		Raag – Khamaj, Bhagesri	Learn to Create own Alap	
51	5	Basics in Music	Revision Komala, Teevra Swara Practice, Speeds Learning in Taal Teentaal	
		Raag – Khamaj, Bhoop	Learn to Create Taalabaddha Alap, Bol Alaap	
52	12	Basics in Music	Revision Komala ,Teevra Swara Practice, 2nd Speed Learning in all Taalas	
		Raag Khamaj,Bhoop	Learn to Create ½ Avarata Taan, Boltaan	
53	17	Basics In Music	Revision Swara Progression 4A	
		Raag – Khamaj,Bhoop	Learn to Create Ful Avarata Taan	
54	19	Basics in Music	Revision Swara Taala Coordination2 2nd Speed Learning in all Taalas, Songs	
		Raag Khamaj,Bhoop	Learn to Create Double Avarata Taan, Boltaan	
55	21	Basics In Music	Revision Swara Progression 4A	
		Raag – Khamaj,Bhoop	Learn to Create Ful Avarata and Double Avarata Taan	
56	24	Basics in Music	Revision Komala ,Teevra Swara Practice, 2nd Speed Learning in all Taalas	
		Raag Khamaj,Bhoop	Learn to Create Double Avarata Taan, Boltaan	
57	26	Basics In Music	Revision Swara Progression 4A	
		Raag – Khamaj, Bhoop	Revision,Application of Alankars,All type of Paltas in Bandish,Songs	
58,59,60,61	28,Dec 1,3,5,	Raag Khamaj,Bhoop	Theory, Individual Revision	Explanation Writing, Singing & Practicing Taal on Hand
Session - 3				
62	8	Basics In Music	Revision On & Off Beat Learning with Different Chand	
		Raag - Desh, Saarang	Introduction to Raag, Alaap, Alankar	
63	10	Basics in Music	Revision Offbeat 1,2,3 Swara Progression 5A	

		Raag – Desh,Sarang	Lakshanageete with Notation,	Explanation Writing, Singing & Practicing Taal on Hand
64	12	Basics in Music	Revision Swara progression B, Jhaptaal Paltaas	
		Raag – Desh,Sarang	Bandish,Simple Alap,Simple Taan,	
65	15	Basics in Music	Revision Learn to Create 5 Matra Paltaas , Swara progression C Taal- Rupak	
		Raag – Desh,Sarang	Bandish,Simple Alap,Simple Taan,	
66	17	Basics in Music & Theory	Revision Alankar 5, Swara Progression 5 Taal- Ektaal,Theory	
		Raag – Desh,Sarang	Bandish,Simple Alap,Simple Taan,	
67	19	Basics in Music	Revision Swar progression 5, Taal- Jhaptaal	Explanation Writing, Singing & Practicing Taal on Hand
		Raag – Desh,	Bandish,Simple Alap,Simple Taan,	
		Theory	Characteristics of Raag,Elements of music	
68	22	Basics In Music	Revision Kanswara, Taal - Jhaptaal	
		Raag Desh	Learn to Create Own Alap,	
69	24	Basics in Music	Revision Alankar 2, Kanswara	
		Raag - Desh	Learn to Create Simple Alankar	
70	26	Basics in Music	Revision Swara Progression 1A, Kanswara Taal Ektaal	
		Raag - Desh	Learn to Create Taala Baddha Alaap,Bhajan,	
71	29	Basics in Music & Theory	Revision Alankar 7,Swara Progression 8, Taal –Ektaal, Theory	
		Raag - Desh	Learn to Create Bol Alaap,1/2 Avarta Taan,Bol Taan, Bhajan	
72	31	Basics In Music	Revision Voice Culture, Swara Progression 8, Taal- Ektaal	
		Raag - Desh	Learn to Create Ful Taan,Bol Taan	

73	Jan 2	Basics in Music, Theory	Revision Alankaar 2, All Taalas, Theory	
		Raag - Desh	Learn to Create Double Avarta Taan,Application of Alankars, All Type Paltaas in Bandish	
74	7	Basics in Music	Theory, Revision	
		Raag - Desh		
Session - 4				
75	9	Basics in Music	Revision Swara Progression 6, Meend	Explanation Writing, Singing & Practicing Taal on Hand
		Raag – 9 Jeevanpuri	Introduction to Raag, Alap, Alankaar, Bhajan	
76	12	Basics in Music, Theory	Revision Komala, Teevra Swara Practice,Swara Taala Coordination 2 Offbeat 1, Theory	
		Raag - Jeevanpuri	Introduction to Raag, Alap, Alankaar,Swara Geete, Songs	
77	16	Basics in Music	Revision Offbeat 2, Jhap Taal Paltaas	
		Raag - Jeevanpuri	Lakshanageete with Notation,	
78	19	Basics in Music	Revision Offbeat 3, On Beat and Off Beat and Its Importance,Jhaptaal Paltaas	
		Raag - Jeevanpuri	Lakshanageete with Notation,	
79	21	Basics In Music	Revision On & Off Beat Learning with Different Chand, Swar Taal Coordination 1	
		Raag - Jeevanpuri	Lakshanageete with Notation,	
80	23	Basics in Music	Teen Taal, Dadara Paltaas	Explanation Writing, Singing & Practicing Taal on Hand
		Raag - Jeevanpuri	Lakshanageete with Notation,	
81	28	Basics in Music	Revision Jhaptaal Paltaas & speeds	
		Raag - Jeevanpuri	Bandish,Simple Alap,Simple Taan,	
82	30	Basics in Music	Revision Learn to Create 8 Matra	

			Paltaas , Taal- Rupak	Explanation Writing, Singing & Practicing Taal on Hand	
		Raag - Jeevanpuri	Bandish,Simple Alap,Simple Taan,		
		Theory	Characteristics of Raag		
83	Feb 9	Basics in Music	Revision Alankar 5,Paltaas in Ektaal Taal & Second Speed		
		Raag - Jeevanpuri	Bandish,Simple Alap,Simple Taan,		
84	11	Basics in Music, Theory	Revision Kanswara, Taal- Jhaptaal, Theory		
		Raag - Jeevanpuri	Bandish,Simple Alap,Simple Taan,		
85	13	Basics in Music	Revision Speeds Learning in Taalas		
		Raag - Jeevanpuri	Learn to Create Own Alap, Taala Baddha Alaap, Bol Alaap		
86	16	Basics in Music	Revision Understanding Chand in Numbers,Swaras		
		Raag - Jeevanpuri	Learn to Create Simple ½ Avarata Taan ,Boltaan,		
87	18	Basics in Music	Revision Swara progression 6, Pitch Perfection Taal Ektaal		
		Raag - Jeevanpuri	Learn to Create Ful Avarta Taan		
88	20	Basics in Music	Revision Alankar 7, Meend, Taal - Ektaal		
		Raag - Jeevanpuri	Learn to Create Taans by Using Alankars, Double Avarta Taan, Songs		
89	23	Basics in Music	Revision Voice Culture, Taal- Ektaal		
		Raag - Jeevanpuri	Revision		
90,91,92, 93,	25,27, Mar 2,4	Basics in Music	Theory, Revision		
		Raag - Jeevanpuri			
Session - 5					
94	9	Basics In Music	Komala, Teevra Swara Practice,Speeds	Explanation Writing, Singing & Practicing Taal on Hand	
		Raag 10 - Bhyrav	Introduction to Raag, Alap, Alankaar		
95	11	Basics in Music	Revision Komala, Teevra Swara		

			Practice, Offbeat 1, Meend	
		Raag - Bhyrav	Introduction to Raag, Alap, Alankaar, Swara Geete	
96 to 112	April 1 to 22	Basics in Music	Revision Offbeat 3, On Beat and Off Beat and Its Importance, Teen Taal Paltaas	
		Raag - Bhyrav	Lakshanageete with Notation,	
		Basics in Music	Revision On & Off Beat Learning with Different Chand, Paltaas Dadara	
		Raag - Bhyrav	Lakshanageete with Notation,	
		Basics in Music	Revision Offbeat 1,2,3, Swara Progression 8	
		Raag - Bhyrav	Lakshanageete with Notation, Revision	
		Basics in Music	Revision Learn to Create 5 Matra Paltaas	
		Raag - Bhyrav	Bandish, Simple Alap, Simple Taan	
		Basics In Music	Revision Learn to Create 10 Matra Paltaas , Taal- Rupak	
		Raag - Bhyrav	Bandish, Simple Alap, Simple Taan	
		Basics in Music	Revision Alankar 5, Taal- Ektaal, Learn to Create 10 beats Paltaas	
		Raag - Bhyrav	Bandish, Simple Alap, Simple Taan	
		Basics in Music	Revision Swara Progression 4Taal- Jhaptaal	Explanation Writing, Singing & Practicing Taal on Hand
		Raag - Bhyrav	Bandish, Simple Alap, Simple Taan Revision	
		Basics in Music	Jantisaragalu, Taal- Jhaptaal, Roopak	
		Raag - Bhyrav	Learn to Create Own Alaap, Taala Baddha Alaap, Bol Alaap	
		Basics in Music	Revision Alankar 2, JhapTaal Paltaas	
		Raag - Bhyrav	Learn to Create ½ Avarta Taan, Boltaan	

96 to 112	April 1 to 22	Basics in Music	Revision Swara progression 8, Taal Ektaal	Explanation Writing, Singing & Practicing Taal on Hand
		Raag - Bhyrav	Learn to Create Ful Taan, Bhajan,	
		Basics in Music, Theory	Revision Alankar 7, Swara Progression 4B Taal –Ektaal, Theory	
		Raag – Bhyrav	Revision Alankar 7, Swara Progression 4B Taal -Ektaal	
		Basics in Music	Revision Alankar 7, Swara Progression 4B Taal -Ektaal	Assessing Based on Vocal & Writing,
		Raag - Bhyrav	Revision Alankar 7, Swara Progression 4B Taal -Ektaal	
		Basics,Raagas and Songs	Revisions ,Theory - Paribhashika shabdagalu and Characteristics of Raag, Project work on Raaga & Taala , Old Question papers solving& Practicals	